

**Julie Rowe:** Hi folks! Welcome to the Julie Rowe show today. I've got Eric Smith on the line and I am in for a surprise show today, find out what he has in store for us. Hi Eric!

**Eric Smith:** Hey Julie.

**Julie:** How are you today?

**Eric:** Hope you're ready to be grilled just a little bit because I have some questions for you.

**Julie:** That's... great, I think. (laughing)

**Eric:** (laughing)

**Julie:** Should I, should I be nervous? (laughing)

**Eric:** Yes, you probably should be a little bit, to be honest! I was...

**Julie:** (laughing) Alright!

**Eric:** ...sitting here, just minutes ago. We had another topic planned and I decided to shake things up. I know that some of your listeners have interests other than future things and prophecy things. But, I know that you have a number of listeners who care deeply for you and would like to get to know you a little better. And so, I thought of a few questions. Just a few, and I'm kind of planning on, just, inspiration as it comes to give you enough questions about yourself to create an entire podcast out of this. Does that sound okay?

**Julie:** Sure. I have said that I would be willing to answer questions of any guest that's on...

**Eric:** (laughs)

**Julie:**...as I can, as I'm able, and as I know, and you have picked a topic that I know quite a bit about! So...

**Eric:** (laughing)

**Julie:** (laughing) I can't lie! I can't wiggle my way out of it, can I, because I agreed to this and I, I told the audience in the very first podcast that these would be live recordings and that I would only be given the topic at the beginning and then any questions that the guest asks, I will succumb to. That's part of the fun of doing these. So, go for it Eric.

**Eric:** (laughing) Great! I'm glad you see it my way.

**Julie:** (laughing)

**Eric:** (laughing)

**Julie:** If it's too personal i'm going to tell you: "no, that's none of your business!" (laughing)

**Eric:** That's okay, but no guarantees! I'm gonna ask anything that comes to my mind. (laughing)

**Julie:** (laughing) Alright, well, you and everybody else that wants to know the nitty-gritty details of what goes on in my personal life...

**Eric:** (laughing)

**Julie:** ...alright! This is fun!

**Eric:** Fair enough!

**Julie:** (laughing) Well, this is good. It'll mix up the energy a little bit too because some of these podcasts we've been doing are so intense, right?

**Eric:** Oh, and you're like at a pulpit, pounding it, and preaching, and shouting at people...

**Julie:** (laughing)

**Eric:** (laughing) We, it's time for a change! (laughing)

**Julie:** (laughing) Wake up! Wake up people! Well, not only that but we talked about how it would be fun to do a comical, comical, podcast or two so people can see about my weird sense of humor and they don't think I'm just always intense or that I'm always, like, in Spirit Mode. They can understand that I have a really, really strange sense of humor and I like to joke around a lot. It's like my sense of humor is a coping strategy. And so, maybe this could be the comical one. We could laugh at me and how I cope with things in my life.

**Eric:** (laughing)

**Julie:** I'm game. You tell me what's up. (laughing)

**Eric:** Well, let's start with some basics here, get that out of the way.

**Julie:** Okay.

**Eric:** So, okay. Tell us your favorite color.

**Julie:** Oh, you would start with that. I don't have a favorite color because I like all the colors of the rainbow and I can never decide. So, it depends on my mood that day, what I wanna wear. And, I'm like this with so many things. If I had to narrow it down to just one color it would probably be navy blue, I really, or just blue in general. I love greens. I like all the bright colors. I tend to go for more of the winter colors the more bold colors when I'm wearing things because

I have dark hair. So, I don't know if it answers it well enough. But I have never been able to decide, ever since I was a little girl, what my favorite color was.

**Eric:** Okay, fair enough. Let's move on. Let's try another basic here. What is your favorite kind of food? Like, if you're gonna go eat out, or something.

**Julie:** People are gonna notice a theme here Eric. (laughs) I can't decide! It depends on what my mood is and what I wanna eat. I will say that Jeff and I, when we go out to dinner, we like to go to restaurants where we can't, essentially, we can't make that kind of food on our own. So we tend to go to restaurants like for, I love Thai food, I love Indian food. Those are probably my top two favorites - Thai food and Indian food. I never seem to get enough Pad Thai, I just gotta say that.

**Eric:** (laughing)

**Julie:** And, and, but you know, we like our regular burger joints and stuff like that. But I don't tend to usually go out for a burger, so, maybe, and I like Italian restaurants but Jeff, Jeff prefers to just, not go to Italian restaurants because he feels like we can easily make Italian food at our house. And I love Chinese food, too, even though I know that it's not always the best for you, in the American method of making it.

**Eric:** Yeah.

**Julie:** Yeah. Does that answer it?

**Eric:** Okay.

**Julie:** I love, I love to eat out, as is evidenced by the fact that I have gained, about fifty pounds, in three years of going public with my story, because I've been on the road so much, I've been eating out a lot. And then, just as a stress relief, I've gone out to dinner with my husband, on dates and stuff. And it's showing, in my physique. But it's been worth it.

**Eric:** Well, it happens to the, happens to the best of us.

**Julie:** (laughing)

**Eric:** Let's keep it on the food theme for a minute because I'm kind of a...

**Julie:** Also, I'm also over forty. I'm forty-four now, and five months. My birthday was in January and so, that probably has something to do with my metabolism slowing down. Anyway. Alright. The food thing...

**Eric:** (laughs) Excuses, excuses. Okay, no, no...

**Julie:** I work out! (laughing)

**Eric:** (laughing)

**Julie:** I do! I work out every day! Monday through Friday! Almost. There's a few days I don't.

**Eric:** (laughing)

**Julie:** I work out!

**Eric:** (laughing)

**Julie:** That makes me wanna sing that song "I Work Out". Anyway. Go ahead. (laughing)

**Eric:** Alright, let's, let's keep it on food for a minute. That's an area that I'm really comfortable in. Okay, when you're at home, what's, what does a typical meal, or maybe a meal that you like to prepare for the family?

**Julie:** Well I'm glad you said that I "like" to prepare cause I don't usually like to prepare meals. (laughing)

**Eric:** Oh. (laughing)

**Julie:** (laughing) That's the role my husband likes to do. I, I like to keep it easy. My kids would tell you that we eat spaghetti way too much. I love spaghetti. I have a really good spaghetti sauce that I make. I like angel hair pasta. So, that's probably my number one go to meal because, you can make it quickly, it tastes good, it goes with like a good caesar salad, couple a breadsticks and I'm good to go, with some corn on the side. You know, get all that, that pasta and starch, and the carbs. (laughing)

**Eric:**(laughing)

**Julie:** So, or enchiladas. You know, I make some good enchiladas. My husband, on the other hand, just in the last month came up with a recipe for his own beef and broccoli and it is tasty. And he also is really good at making an asian chicken. So if we wanna go with the really good cooking, that's Jeff.

**Eric:** Would your kids agree? (laughing)

**Julie:** They, yes they would. (laughing) They tell me I'm a good cook, they tell Jeff he's a great cook. (laughing)

**Eric:**(laughing) Well, since we've, you've introduced your husband to us, what, what can you tell us about him?

**Julie:** I think he's totally hot. (laughing)

**Eric:** (laughing)

**Julie:** I'm madly in love with him. He's gonna be so embarrassed if he hears this.

**Eric:** (laughing)

**Julie:** I'm shouting it out to the world. We've been married twenty one years. Our anniversary was April twenty fourth. We got married in April of 1996. And, what can I tell about him? He's tall, dark, and handsome, and he is absolutely been one of my greatest strengths. He's stood by my side. He's witty, he's strong, he's hard working. He is diligent and is obedient to the Lord's commandments.

**Eric:** That's great.

**Julie:** I could go on, I could do an entire podcast on Jeff Rowe. Maybe that's what we should do. Nobody knows who my husband is, they're always like, who's the mysterious man by that woman? We could, we could do an entire podcast, on just Jeff Rowe.

**Eric:** (laughing) Maybe we should do that.

**Julie:** (laughing)

**Eric:** Tell, I'm sure he'd love that. (laughing)

**Julie:** (laughing)

**Eric:** Being sarcastic...

**Julie:** The man behind...

**Eric:** ...yeah.

**Julie:**...the man behind the scenes, (singing).

**Eric:** So, okay. Keeping with family life, what can you say about your, children?

**Julie:** My children. Ethan, Spencer, and Aubrianna. Ethan just graduated from high school a couple of weeks ago, and he's getting ready to put his mission papers in, for the Church of Jesus Christ of Latter Day Saints. He's eighteen. He was born in October of '98. Spencer is gonna be a junior in high school. He's sixteen, his birthday is in December, he was born in 2000. Aubrianna is thirteen. She just finished seventh grade, she'll be in eighth grade this fall. And, she was born in January of 2004. I have awesome kids, they turned out beautiful but better yet, they are

Christ Like, loving, and good children. They love me a lot, and they are really really good to me, most of the time. Although they do typical teenage things, like, telling me I'm embarrassing.

**Eric:** (laughing)

**Julie:** (laughing) To which I say: "Isn't that my job?! I'm your mom!"

**Eric:** I'd, I'd kind of like to push a little farther on that last comment and s...ahead and give...

**Julie:** You! Go right ahead! (laughing)

**Eric:** ... and ask you to go, to give an example of a time you've embarrassed, let's just say, Aubri.

**Julie:** Oh, well, when her friends come over and I talk in different accents and voices, her friends think it's really funny and cool, and she wants to hide. (laughing)

**Eric:** (laughing)

**Julie:** (laughing) Because, I like to do accents. I was talking to Joel today. Joel is, our friend Joel, he and I like to joke around with different accents because he's really good at them. And I, I'm not very good at them but I'm trying to practice. So we have one. I could do it for people.

**Eric:** I think you should go ahead and do that.

**Julie:** But I might... (laughing) I have to give all credit to Joel, and people are gonna be totally embarrassed for me, that I'm saying this on a podcast. I'm no good at it. Just realize that I'm a beginner when it comes to these accents. In no way am I pretend, pretending to be someone I'm not. And in no way would I ever wanna offend anybody in the South. But I'm (speaking with an accent) practicin' my gator huntin' voice...

**Eric:** (laughing)

**Julie:** (speaking in an accent)...cause I love gators and I'm gunna... No, I can't do it for real! (laughing)

**Eric:** (laughing)

**Julie:** When I actually have a real audience, I can't do it!

**Eric:** (laughing)

**Julie:** (laughing) It's too embarrassing! (speaking in an accent) "Whaddy say, you en me, we go out an get us some gators?" (laughing)

**Eric:** (laughing)

**Julie:** (laughing) This is why Aubri gets embarrassed, cause I will say: (speaking in an accent) "Hey honey lamb! I'm so good yer over here! Why don't you bring yer friends in the kitchen fer some ice cream?!"

**Eric:** (laughing)

**Julie:** (laughing) To which, her friend's think I'm hilariously embarrassing, funny, and, Aubri just wants to hide because she's just like: "Oh my gosh, my mom's a dork."

**Eric:** (laughing)

**Julie:** And, and I will be the first to tell you that I am! Yes.

**Eric:** (laughing)

**Julie:** I am! I am a big nerd.

**Eric:** Well, and, and after that accent, I'd just like to throw that out, my sympathies to Aubri. (laughing)

**Julie:** (laughing) You haven't seen anything yet. You should get my British accent or some of my other accents that I come up with. I, again, I totally am awful at them. But I do it because, it de-stresses me, and plus, I've found with my kids sometimes when they're frustrating me, I'll use humor so that I don't get mad and like, I still get mad, but you know, so I'm not totally gonna lose it, sometimes I go into, like, my weird accent mode so that I can tell them things like: (speaking in her gator huntin' voice again) "Boy! I told you a hundred times to put that video game away and get your chores done!" (laughing)

**Eric:** (laughing)

**Julie:** And I find, that, every now and then they actually listen better if I don't use my real voice. (laughing)

**Eric:** (laughing) Well, there's a little tip, for all your listeners! (laughing)

**Julie:** (laughing) Then again, if they're gonna tune you out, they tune you out and there's nothing you can do a lot of the time.

**Eric:** Boy, that's true.

**Julie:** Anyway, I, I try. I try.

**Eric:** Okay, lets, tell me, tell me what an average, say, weekend is like, or a, or a day in the life of the Rowe family.

**Julie:** An average day or week?

**Eric:** Or weekend, or anything.

**Julie:** My husband and my kids would say that I'm on the phone all the time. And, I would say that starting this mission, especially starting GTRF, The Greater Tomorrow Relief Fund, which I founded in 2015. I am on the phone. Like, ninety percent of the time, I'm on the phone, a lot. And so, that gets on my, my family's nerves. And I, I constantly tell them: "It's my job! This is what I do." And, I love it. I, if I could, I would talk in person to everyone but I live in the country, in a house, by myself when the kids go to school, and I get to talk on the phone and do work when I'm not traveling. The way that I do the relief effort work is by connecting people on the phone. So, I'm on the phone a lot. I have started doing energy sessions again. And that's been fun, it's been really great to be able to help some people with some of their, their things that they're dealing with. And then, I travel. I've been travelling on average, about a week a month, in the last couple of years, to spread the message and to work on, on GTRF, the relief effort. So, they're getting pretty used to, and tired of me travelling but they're a good support to me. And then, as far as the kids go, my oldest has been playing basketball and football, my second son wrestles and plays football, and my daughter sings in the chorale. She's got a great singing voice. All the kids have taken piano, although none of them are taking lessons right now. And, so I'm busy with the typical mom stuff, right, that you have when you've got teenagers. And, they go to Church Youth Activities on Wednesday night, we go to Church on Sunday, for three hours. And that, and then, every once in awhile I get a nap. I don't usually take naps but I, I've, if I get tired enough and slow down I'll take a nap every now and then. My husband takes a Sunday nap almost every Sunday, but, that depends on his calling and whether or not he's able to do that. Let's see, the rest of the week, hmmm, we eat breakfast, lunch, and dinner.

**Eric:** (laughs)

**Julie:** (laughs) I don't know. I don't know. You know, we have extended family. My husband's family is in the Kansas City area, most of them, his siblings. We get together with his family about once a month on average, sometimes twice a month depending on how many birthdays or, you know, what holidays and stuff like that.

**Eric:** So, what do you, and Jeff, and the kids like to do together?

**Julie:** Oh. We, I like to go out to eat, and we have moved out to the country. We live about fifteen minutes from the small town here, and so there's not a lot to do. We have some decent sized restaurants, a few restaurants in town, and a Wal Mart, and a few, a few clothing stores and shoe stores but other than that, we go up to the Kansas City area. And, I'm not a huge shopper. I really don't like to shop. I am one of those people that like, if I need something I go get it. Much to my daughter's dismay cause she loves to shop and wishes I was the kinda mom that would take her shopping. The one thing I do for myself is to get my nails done. So every

now and then I go get a pedicure. And, get my nails done every two to three weeks. That's my one place that I spoil myself. As a family we like to go to all the kids events together, go to the games together. We like to camp, although we haven't done that this year, just due to our busy schedules. And we like to take a family vacation in the summer. I took the kids to Destin, Florida for spring break, with a friend and that was fun. And we're gonna have a family reunion coming up, with my husband's family, so, looking forward to that. We like to just, we like to play board games and we like to play card games. My husband loves the game Skip Bo. So, we play Skip Bo, Apples to Apples, you know, the typical things that most families do. We're not really that unusual.

**Eric:** Okay, let's, let's change gears here. Let's go back to the Young Julie and tell your listeners what you were like as a girl. Were you a rabble rouser? Were you a goody goody? What kinda person was the Young Julie Rowe.

**Julie:** I'm really glad you qualified it to young, like adolescent, teenagers cause I was gonna try and give you a bad time for calling me old at the age of forty four.

**Eric:** (laughing)

**Julie:** (laughing) What, are you trying to say I'm old?! (laughing) I'm forty four with a body that's so beat up I'm like I'm in seventies, but. The young Julie. Well, you wanna break it down to like, adolescent - it changed for me as I went through some of the stages, so.

**Eric:** I'm, let's start with like, grade school, up to high school age.

**Julie:** Okay. In grade school I was really shy, like, kindergarten through second and third grade, I was really quite shy. A little bit timid. I was easily influenced by adults and I absolutely never wanted to disappoint any of them. I was a people pleaser.

**Eric:** Hmm.

**Julie:** And, I had a hard time speaking up for myself when I was uncomfortable or didn't, didn't agree with what somebody was doing. By about fourth to sixth grade I started getting involved in student government at school and I started finding a little bit of a niche for myself in leadership qualities. I was elected as a school, I mean, as fourth grade as, a class representative. Fifth and sixth grade as Vice President, and sixth grade as President of my elementary. So I, my, my siblings still tease me to this day that my glory days were sixth grade when I could run the school. (laughing)

**Eric:** (laughing)

**Julie:** (laughing) My siblings like to tease me about that. I mean, they used to. It's been years since we talked about it. Probably about ten or twelve years ago we had a family reunion I was in charge of and we had a good, good laugh about that. So I had natural leadership abilities. I, I found early on in, in, and that was when we lived in Hawaii, that I had a really big problem with

people that were being abused, mistreated, or bullied in any way, and so, I would take a stand against bullies, and therefore get bullied sometimes. And, again, I consider myself a recovering people pleaser. I'm still working on not, not being a people pleaser. In the sense that I have had to learn how to say no to people. There's a lot of reasons for that, but learn how to say no, and going public with my story has forced me to do that because I've had so many people wanting attention or wanting to ask me things of a personal nature or otherwise, and it's forced me to learn how to discern what I can and can't say, or who to say it to or who to trust or not trust. And being okay with not being able to please everyone. So, I would say that was one of my biggest personality qualities was always wanting to please people, not wanting to let people down. But mostly, I just have a really big heart and I don't ever want anyone to hurt. And if there's anything I can do to take that hurt or pain away, that's a big motivator for me. Yeah.

**Eric:** Interesting. And tell us what your grades were like.

**Julie:** Mostly A's and a couple B's. I got a C in high school, in algebra II, for one semester. Yeah.

**Eric:** What were your favorite subjects?

**Julie:** I loved, I loved biology, I loved earth science, I loved English. I liked math until I got into algebra II and then I, I had a teacher I didn't care for. And same with trigonometry. Those two teachers were really, not pleasant. They, I was bored out of my mind in those classes because of the way that it was taught. But I liked math really well, up until my sophomore/junior year in high school. I liked chemistry, but, I again, didn't really care for my chemistry teacher. Nothing against her but it's just, her teaching style was boring to me. But I liked, I liked the sciences a lot. I would say the sciences, sciences were my favorite by in large because I loved geography. Absolutely loved geography and I liked studying, like, rock formations and things like that.

**Eric:** Cool.

**Julie:** And I, I loved the arts, I mean, I always loved the arts. I didn't, I didn't take any art classes in high school or college because of, of feeling like I had to take, like, more serious classes for my resume and stuff like that. Cause I took computer classes and web design, and things like that. But that was because I was attracted to the business classes. I was in, you know, Business Honor Society, in high school. Yeah.

**Eric:** When you, okay so after high school, you go to college. And, tell us about your major there. Maybe a little about your social life, or anything that stands out from your college years.

**Julie:** Well this is gonna be very telling for people. They'll recognize a theme in my behaviour. I like so many things that I often have a hard time deciding what I like the best. And that was exactly what happened to me when I was at BYU. Every semester I was, I tried to figure out what my major was gonna be, but I wanted to take so many different classes and I, I couldn't decide on the major cause I didn't wanna have to narrow it down to one field of study. And, a lot of the majors that I wanted to participate in required internships, or travel abroad that you could do, or different things that required more money, or unpaid training. And I was, I left

home at eighteen. I came home for one month after my freshman year and then I never lived at home after that. And so, I supported myself. And, it was really hard because I was forced to kind of choose a major, if you will, that, I could do quickly and that didn't require, like an internship or something like that. So I was kinda limited in what I could do, in my scope, just because of a financial obligation. And so I was really drawn to Recreation Management. I thought that would be a super cool major. I thought Communications would be a fun major. I thought that Accounting would be cool until I saw that I had to take calculus, and I didn't wanna take calculus. (laughs)

**Eric:** Hmph.

**Julie:** I got high enough on my ACT at BYU that they waived my college algebra and, I either had to take a, a level four, or four years of, of a foreign language, or take calculus or statistics. I ended up taking statistics and that's what, what passed my math off. So, to this day I've never taken calculus and I, I'm glad, cause I don't want to take calculus. But, I find it interesting that in dream and night vision, I have been shown calculus and so, I've never taken a class on Earth in calculus but in night vision, I have been taught calculus. Same thing with physics. I never took a physics class but I've been shown physics. So I actually have a knowledge about physics and calculus but it's not because I learned it in an Earthly institution.

**Eric:** Hmm. Now, I wanna just slightly change topics and just ask you about your spirituality in all those years. From a young, from a young girl up to your college years. What was your religion like? Your religious life like?

**Julie:** Well, I was raised in the Church of Jesus Christ of Latter-Day Saints, which is the LDS faith. My dad was an LDS Chaplain in the military and so, he was basically a representative of the LDS Church and so, from the time I was a little girl, he had what we called: "Dad's Work Church" and that was where, as a Chaplain, he did nondenominational services. And so from my earliest recollection of four and five years old, we would go to the Post Chapel where they did Protestant, or nondenominational services that he would lead. Sometimes other Chaplains would lead or they'd do them together. And I would sit in those, those meetings for about an hour. And, we'd be there for about an hour and a half, if you count the punch and cookies, right. Always had red punch.

**Eric:** (laughing)

**Julie:** I remember that. My parents being worried that I was gonna spill red punch on my Church dress, or my brothers would spill it on their dress shirts. And they would always tell us, we could only have two cookies (laughs). Because we had so many kids they didn't want to be embarrassed if we, like, hoarded all the cookies every Sunday.

**Eric:** How many kids were there?

**Julie:** Well, we ended up with ten kids. I'm the second of ten.

**Eric:** Hmm.

**Julie:** But, when I was four years old, you know, there were, there were three of us at that time, then four. And, my parents had kids, just about every two years. So the oldest is eighteen years and a day apart from my youngest sister. And, my older sister's twenty two months older and my younger brother just under me is nineteen months younger. So, you know, some were sixteen months apart, some were twenty eight months apart. But all within about a two year, two year time frame. And, so that's a lot of kids. We would go, and I, my hat's off to my parents because, it's one thing to take your kids to Church once a week, for like an hour, hour and a half. But my parents took us, until I was, until we left Hawaii when I was twelve, almost thirteen, we lived on the Base, in, first in Texas, then Washington State, then New Jersey, then Hawaii. We always lived on Post, on the Base there, and, in different houses. And sometimes, a lot of the time we'd go to what we called Dad's Work Church, and, that was the way that we differentiated between our faith and what we did on Sunday which was, a three hour meeting. We would go to Sacrament Meeting, for the LDS faith, which was the whole congregation that met together. Then I would go to what they call Primary, which was forty minutes. And then we'd have Sunday School which was another forty minutes, or Singing Time. And so, I got three hours of the LDS faith every Sunday and then about an hour to hour and a half of the other. All said and done by the time we got ready for Church, went to Church, went to our congregation and the other one, it was about a six to seven hour day of just Church Services during those years of my growing up.

**Eric:** Did you have exposure to other faiths?

**Julie:** Yes I did. Because of that, there were a lot of faiths that would come and go in that chapel, before or after. The Catholic congregations would come in before or after, the Presbyterians, Episcopalians. And then also on occasion I went with friends when I was in junior high, but mostly in high school. In high school I went to several different, different congregations. And, I always went to the LDS faith. That was my, my understanding and my belief and where my testimony was, as far as understanding some of the Gospel Principles that I had been raised with but, at least once went to Presbyterian, Episcopalian, Baptist, Southern Baptist. I've been in a Jewish Synagogue although I've never actually attended, attended Synagogue. I've just been where they actually practice it. And, of the main Christian faiths, you know there's so many different ones, I learned a great deal about them in my personal studies, I found a great interest. Starting when I was about thirteen and I read the Book of Mormon for the first time. At that point in time I started branching out in my belief system to try to understand other faiths and other denominations. I had a lot of friends that, most of which were not LDS, growing up. In seventh grade I was the only Mormon in my school of two thousand and in eighth grade we had, had a small group of LDS friends in our high school and in eighth grade class. In eighth, eighth grade first and then in high school. And so, I was used to being the odd one out. I was used to being different. There was a part of me that kind of liked that because it strengthened my testimony and my resolve for my own faith. And, I learned very early on that there are a lot of people that don't like Mormons. (laughs) And it helped motivate me to learn: "Why, don't they like me, just cause I'm Mormon?" It it, it forced me to ask tough questions at a young age. By the time I was thirteen I read the Book of Mormon

because of things going on in my personal life, at the time with my family, as well as being at a point where, I had heard the story about Joseph Smith. I heard that he was fourteen when he saw God the Father and the Savior in the grove of trees in New York. And I had a very strong testimony from a young age, about Christ. And about the things that I'd been taught. I was baptized in the LDS faith when I was eight years old and I had a very strong witness when I was baptized that I was being obedient to God and that I was doing a good thing. When I had my interview with my Bishop, the Spirit was so strong, my heart was so tender at the age of eight, that I cried in that interview. I was so happy that I got to be baptized. And, I knew that I was doing a good thing. So, my progression in the Gospel and my understanding of doctrine and principles came line upon line, and it was also assisted from those on the other side of the veil that would come and strengthen me. It also came with a lot of opposition early on.

**Eric:** Hmm. So what was it like to be in a military family? You did a lot of travelling, I assume.

**Julie:** We did. There were good things and bad things about it. It was really hard to give up my toys and other belongings when we would move, to try to make weight limits. Cause we had a large family and, and they only give you so much weight that you're allowed to have when you move that they'll pay for. And it's based on rank, not how many kids you have in your family. So, if you are a Major and someone has two kids and somebody else has six kids, they make you meet weight limit and anything you go over in your weight limit, you have to pay for it and it's expensive. So my parents, every, anywhere from six months to a year, to on average two and a half to three years, more like the three year mark for most of our moves, they had to meet weight limit. And so we were always getting rid of things. We were always cleaning house. There were times that, when I was younger that that was really hard. But, that was just one, one thing that affected me emotionally as a kid that was really hard for me. But the, the flip side of that and the benefit of that was that I learned not to be attached to things, but to be attached to my family and to be attached to the relationships that really matter and to build those relationships rather than being attached to a house or a school or a community or, you know, my toys, something like that.

**Eric:** Hmm.

**Julie:** And I also learned that it's really important to do spring cleaning. We, you know, my mom would go through things every three, three to four months and clean out. And I do the same thing. Every three to four months, sometimes six months at the most, I go through my house and I, I just get rid of things that don't matter, that we don't need that are cluttering things up. And because of that, I keep a clean house.

**Eric:** That's nice. So...

**Julie:** I don't, I don't like clutter. (laughing)

**Eric:** Yeah. In all the places you lived, growing up, and being part of a Military family, what was, what are some more memorable locations or places you lived?

**Julie:** Well, I liked each place for different reasons but I lived the longest in, first Texas but I was super young there. Then Washington, Hawaii, and Germany. Those were my three favorite places cause I lived there the longest and had, have the most positive memories in those places. Each one was unique. They're all very different, right? Washington State's totally different than Hawaii, and Hawaii's totally different than Germany. But I, I had the longest time to be able to build memories in those places, and to, to establish myself with friends and things like that. So, those are, those are my favorite places. And then in between that, we have Texas, California, New Jersey, New York, and then on the tail end after Germany, my junior and senior year of high school, and my, after the summer of my freshman year at BYU, my family lived in Northern Virginia. My Dad worked at the Pentagon. That was not my favorite place because of all the politicians that are out there, all the military people that are out there, all the high stress and, a lot of the corruption and the dark energy that I felt when I was there with some of the gifts that I have. And also that's where some of the breakdown of my family happened, prior to my parent's divorce. So, I have a lot more of the painful experiences I went through when I lived in Northern Virginia. And also that is where I started having more intense dreams and visions about the big earthquake that's coming to Utah.

**Eric:** So that, that kind of leads me into the next question that I wanted to ask you. A lot of your listeners know that you've had a Near Death Experience but a lot of them may not know that you've had more than one.

**Julie:** Right.

**Eric:** And they started at a young age. Can you say anything about all those?

**Julie:** Well, we touch on this in the book that, that Eric, who's on the line that's interviewing me, wrote. Eric Smith has written my biography, where we don't have a release date on that yet but when it comes out, the readers will learn more about my childhood and some specific stories and some of the spiritual gifts and things like that. It's called *Gifted for a Purpose* and Eric titled that. I'm a little bit shy about having that title but, that is the title that Eric came up with and we feel good about that. (pause) What was the question? (laughing)

**Eric:** Well just kind of a, kind of a general overview of your experiences...

**Julie:** Oh, my, that's right...

**Eric:**...of like, leaving your body kind of thing.

**Julie:** Yeah, yeah. So we talk about this in the book a little bit. So, my first one, I, I would have, I would have dreams and visions from early on. I don't remember being on this planet without having dreams and visions. And without having visitations from the other side. Usually, visitors from the other side I would either smell them or sense them or feel them. I, every once in awhile I would see them with my eyes. I would see them in my, what I call with spirit eyes, so I could... I would feel someone near me and then I would get a visual of them in my mind and the Spirit would make known to me who that was, that was visiting, things like that. So I've had that for

as long as I can remember and it just kind of grew exponentially as my capabilities and my understanding grew, as I grew up.

**Eric:** Mm Hmm.

**Julie:** It just accelerated after I had my 2004 NDE. The veil became more thin, I guess. But the first out of body experience I had was when I was seven and I was in second grade and I had surgery for my tonsils and adenoids to be removed. Then I had one in fifth grade. That one was in Washington State. Then I had one in fifth grade. I had surgery and I had, I had foot surgery and I had an out of body experience during that surgery as well. We talk about that in the book so I'm not gonna go into detail on that. And, I'm trying to remember whether, I don't think I don't think we talked about others in the book, did we? Other than the one after 2004?

**Eric:** Not, not as a young person no. No I think the next one we mentioned was 2004, yeah.

**Julie:** Yeah. So, in 2004, I had two and a half days on the other side of the veil. I was very very sick. We talk about that in my book *A Greater Tomorrow*, and the second book *The Time is Now*. I also wrote *From Tragedy to Destiny*, which is written to a non denominational an, it's, it's kind of a compilation of the first two books with some more added to it. More clarification and some details that are not in the first two books. And then, you know, the fourth book here is my Biography that Eric's written and it's called *Gifted for a Purpose*. So, in 2004, I talk about my Near Death Experience in *A Greater Tomorrow*, and that was when I was thirty one years old. I'd been married about eight years and my youngest daughter was eight and a half months old. My, my kids were eight and a half, three, they were eight and half months, three years old and five years. I was thirty one. So I'm coming up on the thirteen year anniversary, sometimes I refer to it as a reunion cause I got to go, go see family members on the other side of the veil. Thirteen year anniversary on September twenty eighth and twenty ninth. It'll be the thirteenth anniversary, this coming September of 2017. And then after that, that was in September, I had another one in October, another smaller one in November of that same year and then in 2005 in July I had an out of body experience, and then after going public with my story, I have had several in, I've had at least four where I was on, on, I would say death's door but only because I had such severe adversarial attacks from going public with my story that there would be times I was in bed for anywhere from five to seven days, just trying to recover from all the energy that was coming at me.

**Eric:** And, then you had another one after that, right? In 2016?

**Julie:** Yes. I had another major one, after the Ogden Energy Conference in 2015. And then I had one after the Lunar Eclipse, the week after that, which was the eleventh anniversary of my NDE. And then I had one just this last October of 2016.

**Eric:** And, what I've learned in talking to you about these is they, these experiences all vary in their, in their length, in their depth, in your understanding that came to you and, I was, I was really interested in your last one in 2016 and I just want to point out that I've learned a lot from you and your experiences in those and found your 2016 Near Death Experience to have some doctrinally profound insights that I think your, your listeners and viewers, I just, I wanna gear

their minds up for that. It's really a pretty profound and special experience that you had there. Anything else that you wanna say about your NDE's, overall?

**Julie:** I will say that they are difficult to go through. They're life changing, They're painful, because coming in and out of the body like that, or being so sick that you have the veil be as thin as they are, it's not something, it's weird. I say I wouldn't wish it on my worst enemy because they're that difficult but I know that they've been a blessing to me. And so, I've had people say things like: "You're so lucky, you got to have an NDE!". It comes at a cost. The learning that I've gained, the understanding I've gained, has come at a cost. And that is, that is, for one, the physical, mental, and emotional pain that comes with it, but on the other hand, the accountability that comes. When we're given knowledge, we have a choice to act on that knowledge or not. And the more of these experiences I have had, the more clarity, the more understanding, the more vision I've been given, the more I'm accountable to God. Which is why I speak so boldly today.

**Eric:** One of those costs you pay is, is a cost that comes to you and your family. How has, how has having these experiences the last several years of your life affected you, you know, and your family? And your ability to live, like, a normal life?

**Julie:** It's been difficult. It's been difficult. Right now my kids are supportive but they're sick of hearing about it. They're regular kids. They wanna have a regular life. They wanna be able to just have a normal mom. And I'm far from normal, whatever normal is. You know, I can't hide who I am, I don't wanna hide who I am. I wanna be who I am, I wanna speak openly, as openly as I can with as many people who'll listen. But there are a lot of personal things I keep to myself. I don't share everything, not even anything close to sharing everything. I only share a small portion of what I feel the Spirit can allow me to do. But my kids, in protection of them, I have purposely kept them out of the limelight, I have purposely not put pictures of them on the internet, knowing all these years that we would be at this point. And I've purposely not brought them to functions or speaking events. And same with my husband. He is my protector and my provider but I too in turn am extremely private and extremely, extremely protective of him and of his privacy. So, he has been magnificent in his support of me. Although it's been difficult on our marriage. It's been difficult on our marriage since I woke up in 2004 though. Because of his understanding and mine being different, dealing with my health issues, I have had several diagnoses, I do deal with the mental side of things. It's caused anguish for him and for my loved ones. It's been difficult to have it myself and it has weighed very heavily on his heart and on that of my childrens'. You can only imagine as a husband, or as children to watch your wife or your mother be as sick as I have again and again and again and not have it affect you on an emotional and mental level.

**Eric:** Okay, I wanna lighten things, just ask you one or two more questions here.

**Julie:** Mm hmm.

**Eric:** What is your favorite candybar? I can't believe we missed this! (laughing)

**Julie:** Baby Ruth! Baby Ruth. (laughing)

**Eric:** Baby Ruth, okay. (laughing)

**Julie:** (laughing) Although, I love Snickers and Twix too. And I love Whoppers.

**Eric:** (laughing)

**Julie:** But if I had to pick one, if there was only one candy bar to choose on the planet, it would be: Baby Ruth.

**Eric:** (laughing) Okay.

**Julie:** Anybody that wants to mail me some Baby Ruth's that *aren't* poisoned. (laughing)

**Eric:** (laughing) Okay.

**Julie:** Have at it!

**Eric:** (laughing) That's great!

**Julie:** My P.O. Box is: P.O. 895 Ottawa, Kansas, 0-t-t-a-w-a Kansas, 66067. (laughing)

**Eric:** (laughing)

**Julie:** (laughing) I say that cause that is my mailing address and I'm not afraid to give it out now, whereas I used to be. I figure if somebody wants to send me something that is not nice, that's what the Post Office is for. (laughing)

**Eric:** (laughing)

**Julie:** (laughing) They can filter through it before they put it in my box! And, if you wanna make donations to GTRF, you can either go online and do it or send it directly there, if you'd rather send to that. You can put it to GTRF or if you wanna write me a letter, I'm good with that. I decided, I need as much encouragement as possible and I, I'm tired of just getting bills in the mail, quite frankly. (laughing)

**Eric:**(laughing) So, there you go, Julie Show listeners. Please, write Julie a letter of encouragement. I think it would be really nice.

**Julie:** (laughing) Plus, if we have snail mail, I don't have to print them out from my computer. I can save them for my scrapbooks. Because that's the only thing I care about. Right now, I could walk away from everything I own, except for my pictures, and my letters. I will keep your letters if you send them, I promise. (laughing)

**Eric:** (laughing) Julie, this has been fun. It's been fun to interview you, it's... Thank you for opening up and sharing a little more of your personal side. I find you, I just think you're a wonderful person and, and a lot of fun, and very normal. And, grateful for your friendship. Thanks for sharing your life with us.

**Julie:** Thank you Eric. It's very nice of you to take the time to help with these podcasts. We appreciate all your work.

**Eric:** You're welcome.

**Julie:** That's all, folks! Have a great day.